



Dear Healthcare Provider,

RE: Metabolic, Diabetes and Heart Outpatient Clinic - Patient Registration

Prima Health Solutions (PHS), producers of KicStart™ VLCD, is an Australian owned and operated ISO 9001:2008 accredited Health Care Organisation dedicated to helping address the increasing health and economic burden of significant obesity and lifestyle related illnesses such as type 2 diabetes, heart disease and osteoarthritis. PHS pursues this focus via the research and development and large scale delivery (especially via remote mechanisms) of best practice, cost effective, chronic disease management and disease prevention products and programs.

KicStart™ VLCD

KicStart™ VLCD is a unique, high quality, nutritionally complete VLCD meal replacement that has been developed, manufactured and packaged in Australia using the most up-to-date technology and ingredients currently available. The full nutritional information for each KicStart™ VLCD product can be found at <http://healthyweightforlife.com.au/kicstart-about.php>.

KicStart™ VLCD has been thoroughly tested in a number of independent CSIRO, university and hospital clinical trials across Australia. The results of a number of these trials have been published in international medical journals. KicStart™ VLCD has been or continues to be used in the following fields of clinical research:

- Type 2 Diabetes
- Cardiovascular risk factors, vascular and cardiac function
- Sleep apnoea
- Erectile and urinary function in men
- Effect on pregnancy rates in women undertaking IVF treatment
- Atrial fibrillation and catheter ablation

Excellent Flavour Profiles and Maximum Flexibility

There are currently 5 KicStart™ VLCD shakes and 2 soup varieties available which, based on extensive feedback from Australian and international patients, have flavour profiles that are widely accepted and well tolerated by diverse patient groups. To enhance compliance and provide the maximum flexibility during their VLCD treatment, patients have the option to 'mix and match' their personalised combination of shake or soup flavours in 42 or 84 sachet treatment packs.

FREE* Trial Pack for Diabetes or Heart Outpatient Clinic patients

To help ease patient uncertainty and reduce potential waste, Prima Health Solutions will provide a FREE* 7 x 55g sachet KicStart™ VLCD trial pack (delivered) to registered Metabolic, Diabetes or Heart Outpatient Clinic patients who are incapacitated in some way by illness.

In addition, registered clinic patients will then be eligible to purchase personalised 2 week or 4 week VLCD variety packs (ie. 42 or 84 sachets of any combination of shake or soup flavours) at a fixed price from Prima Health

'FAIR GO POLICY'

** a 'fair go' policy applies to this offer. Only 1 trail pack is available per registered patient or per household, this offer can be terminated by Prima Health Solutions at any time without notice, all applications are subject to prior approval by Prima Health Solutions.*

PRIVACY

PHS will only collect information that is necessary to adequately co-ordinate and manage the provision of products, tools and services for your use (with ongoing supervision from your own healthcare professional) in specific Disease Management programs that you may be enrolled. PHS will not use any collected health data for any purpose unrelated to the purpose for which you provided it.

For further information, help or support contact Prima Health Solutions on:

Ph: 1800 226 180 Email: info@primahealth.com.au Web: www.healthyweightforlife.com.au

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Form v110 ©Prima Health Solutions Pty Ltd



**Metabolic, Diabetes and Heart Outpatient Clinic
PATIENT REGISTRATION**

Patient Consent:

I, _____ [Mr / Mrs / Miss] _____ [patient name] am a Metabolic, Diabetes or Heart Outpatient Clinic patient and am incapacitated in some way by my illness and wish to register to receive a FREE* KicStart™ VLCD trial pack.

Signature: _____

Year of birth: 19_____

Day time phone number: () _____

email: _____

I would like try the following flavours in my **FREE*** 7 x 55g sachet KicStart™ VLCD trial pack:

all-flavour multi pack **OR**

my personal variety pack made up of the following flavours (*please tick flavour choices*)

Shake Flavours

Chocolate Deluxe

Tropical Banana

Strawberry Sundae

Vanilla Bean

Cafe Latte

Soup Flavours

Pumpkin & Herb

Creamy Chicken

My preferred delivery address is:

Street address (or PO Box): _____

City / Suburb: _____

State: _____

Post Code: _____

Clinic Approval:

The above listed patient is under my care at the clinic listed below and is incapacitated in some way by illness.

Clinic name:
(please print) _____

Clinic
Phone No: () _____

Clinics
address: _____

Healthcare
provider name: _____

Signature: _____

Date: _____

IMPORTANT INFORMATION

To activate your patient registration please complete and sign this form and fax to Prima Health Solutions on fax number: **(02) 9451 4004**

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